

I'VE LEARNED THAT PEOPLE WILL FORGET WHAT YOU SAID, PEOPLE WILL FORGET WHAT YOU DID, BUT PEOPLE WILL NEVER FORGET HOW YOU MADE THEM FEEL. – MAYA ANGELOU

Bay Island Early Learning & Care

ON *this* MONTH



3rd - Melbourne Cup

5th – Outdoor Classroom Day

8th – 11th NAIDOC Week –

Theme “Always was, always will be”

11th - Remembrance Day

13th – World Kindness Day

14th – 21st – Food Safety Week

15th - National Recycling Week

18th - Road Safety Week

20th - Universal children's day

A Message from the office:

Hello Families,
Our Centre will be going through “Assessment & Rating” in the second week of November. A key focus of the National Quality Framework is to promote continuous quality improvement.

Have your children outgrown their clothes? If so, we would gladly take them off your hands. We are replenishing our stock of spare clothes to be used on those days we have water play at our centre!

Finally, we would like to remind our families to keep fees one week in advance at all times. Any queries regarding your account, please do not hesitate to contact Tracee who will be able to assist you further.

November Birthdays:

Kelly, Sebastian, Jackson, Talisha, Tyga, Benjamin, Ethan, Edward, Gabriel & Harper



5 Minute MOVES

FOLLOW ON

Short simple activities to get some active minutes in the day.

Choose someone to start, that person picks an action and everyone participating does 10 sets of that action before someone else takes over, for example – **Person 1**) 10-star jumps, **Person 2**) 10 skips, **Person 3**) 10 squats and so on until everyone has had a turn. Go back to the first person and continue to **Follow on**.

Pop on some music and get moving! It may take a few tries and suggestions to get the rhythm going, but it will be good fun once you do!

Please remember to pack a water bottle, sun safe hat, cot sheets (for younger children) and 2 sets of spare clothes and with your child's name on all items. Parents please ensure your child has shoes on when entering/ leaving our service or hopping on our courtesy buses. Thank you



Keep in touch on Facebook



Bay Island Early Learning and Care

Fun with NUMERACY



SIMPLE CUPCAKE COUNTING

You will need: Cupcake liners, Marker, Pompoms or similar, Tongs or tweezers (optional)

- Begin by writing a number in each of the cupcake liners. Of course, this is a very flexible activity and can be made to suit your individual child and where their learning skills are at.
- The aim of this activity is for the child to read the number inside each of the cupcake liners and use the pompoms to accurately represent it.
- This wonderful Math activity can also double to help children develop their fine motor skill

Child Safety Tip

Swimming with your children

The Kids Alive community service program educates the public on five important steps to reduce the risk of preschool drowning.

1. Fence the pool
2. Shut the gate
3. Teach your kids to swim – it's great
4. Supervise – watch your mate and
5. Learn how to resuscitate



<https://kidsalive.com.au/>

Community Links

Check SMBI Listeners page on facebook for community links, children stories/ activities, and useful contacts in and around our Bay Island community.



Sustainability at Home

Growing your own food?

- [save money](#) and supplement your household food supply
- save water – home grown food uses less water relative to the amount of food harvested
- reduce your [shopping miles](#)
- [reduce packaging](#)
- [reduce food waste](#)
- enjoy fresher, more nutritious and more delicious food
- know exactly what you're eating (e.g. no pesticides)

Sustainability in our Service

Our permaculture specialist Louis takes a holistic approach to long-term sustainability and renewability in our service. Composting is an inexpensive, natural process that

transforms your kitchen and garden waste into a valuable and nutrient rich food for your garden. It's easy to make and use.



Early Years Learning Framework in Action

PRINCIPLES

1. SECURE, RESPECTFUL AND RECIPROCAL RELATIONSHIPS

Educators who are attuned to children's thoughts and feelings, support the development of a strong sense of wellbeing. They positively interact with the young child in their learning. Research has shown that babies are both vulnerable and competent. Babies' first attachments within their families and within other trusting relationships provide them with a secure base for exploration and learning.

2. PARTNERSHIPS

Learning outcomes are most likely to be achieved when early childhood educators work in partnership with families. Educators recognise that families are children's first and most influential teachers. They create a welcoming environment where all children and families are respected and actively encouraged to collaborate with educators about curriculum decisions in order to ensure that learning experiences are meaningful.

3. HIGH EXPECTATIONS AND EQUITY

Early childhood educators who are committed to equity believe in all children's capacities to succeed, regardless of diverse circumstances and abilities. Children progress well when they, their parents and educators hold high expectations for their achievement in learning.

4. RESPECT FOR DIVERSITY

There are many ways of living, being and of knowing. Children are born belonging to a culture, which is not only influenced by traditional practices, heritage, and ancestral knowledge, but also by the experiences, values and beliefs of individual families and communities. Respecting diversity means within the curriculum valuing and reflecting the practices, values and beliefs of families. Educators honour the histories, cultures, languages, traditions, child rearing practices and lifestyle choices of families. They value children's different capacities and abilities and respect differences in families' home lives.

5. ONGOING LEARNING AND REFLECTIVE PRACTICE

Reflective practice is a form of ongoing learning that involves engaging with questions of philosophy, ethics and practice. Its intention is to gather information and gain insights that support, inform and enrich decision-making about children's learning. As professionals, early childhood educators examine what happens in their settings and reflect on what they might change.

A message from our rooms

Ocean-Joeys

This month in the Ocean-Joeys room we continued to support the children to develop their fine and gross motor skills.

Such as we followed the children interest on gluing, sticking, tearing tissues papers activities.



* The children learn and had a fun by tearing the papers into small pieces and satisfying for them too.

We encourage useful finger co-ordination skills.



* Another activity the one always popular with the children are "Sensory table".

This time we choose "Colours Rice".

As part our learning experience about Celebrating the Halloween.

Children learns how to manipulate the tweezers, funnels, containers to collect all the little bugs hidden inside the rice.



To help children to be more confidence and independent, we encourage children to self-help at our meals time with support and facilitate by Educators and keep continuing the hygiene practices.



Ocean room – Turtles - We have been focusing on developing self- help skills E.g. washing hands, serving food, applying their own sun screen.

Lots of hand strengthening activities such as play dough and using spray bottles, and from parent feedback/input we have programmed for more science art and craft exploring.



Benefits of spray bottles:

- Self- care activities - spraying hair, to smooth it in the mornings or to add a leave-in conditioner.
- Cooking: spray water on bread before baking.
- Care of the Environment Activities: window washing, or mirror washing.
- Kitchen: wipe counter-tops, wipe down tables, clean out fridge, general dusting, to put in a child's cleaning caddy.
- to spray and help clean the child's trike, bike, or balance bike with a sponge or cloth.
- to spray plants to water them.
- Art Activities
- for liquid watercolour paints in the art area (even better if you have an outdoor arts area).
- for spraying a vinegar mixture on baking soda for art/science lesson.
- for spraying the pavement outdoors in hot weather, or to wash off chalk used on pavement.
- *in the bath or water table for water play, could add colours for water colour mixing.*

Halloween - During group time we spoke about pumpkins we had carved.

We passed the pumpkins around to each other in a circle

We had discussions about the colour, shape, size, weight and what was inside. We also discussed the texture and scent.



Bush Koalas – This past month bush koalas have been exploring upon self-regulation, natural materials, recycling and creating active learning experiences. It has been awesome as educators to support and facilitate children as they make independent choices that influence decisions and events that occur in their world. We will now be exploring our self-identities by introducing into our indoor environment a children’s only self-sign in desk opposite the parents sign in desk. Children will enter the bush room, collect their picture, and slot it into the “here today” box and the sign in

using recycled scrap paper and pencil. We will also be looking forward to getting ready for our Christmas celebrations! Educators will individually ask children about how they celebrate Christmas at home with their families (exploring Culture.) We have also been learning and developing our communication skills through song, verbal experiences and non-verbal experiences, the children have now mastered singing “I Love You” in Auslan sign Language. We love growing and learning new things together.



Rainforest – November newsletter – What???

“Where oh where has the year gone? It’s as busy as can be”.

I would like to thank my families for being so understanding and supportive while I recover from a gardening accident. This has been great learning for me and the children as we reflect on the conversation we had when I introduced Mr Louis to the class. Safety in the garden starts with a good pair of work shoes (he has steel caps) and I explained to the children that I broke the rules resulting in a tree crushing my foot resulting in 11 stitches. The children have been keen to learn to hop like I am lol. We will return to our fabulous Talk-About-Tuesday as soon as I am more mobile. I predict in one more week.



We have begun our positive transition to school with children and parents visiting their Prep environments, excursions to make connections to the school environment and beginning to create the children’s input to the transition to school by creating an all about me. Our lunch making will be starting in the first week of November to support independency in managing lunch routine at school. We will have our cooked meals twice a week and a school lunch one day a week that will rotate for everyone to experience. Just to clarify – we will provide the food and parents please provide the lunch box including any packaging eg. Containers for snacks.



We have received confirmation regarding Covid restrictions for graduation stating that we are still implementing 1.5m distancing for adults and hygiene practices. So, to cater for being able to see your child, sit with a 1.5m in place and enjoy the celebration we will be having two graduations on the 5th of December with only two guests per child. Invitation’s will be out soon. As the Christmas season approaches, we would love to have any brochures for art experiences that have toys



and gifts in them so please forward on to us before the recycle bin. Please pack extra clothing for water play as we will be enjoying the opportunity to get wet as the weather is now warm.

Curlew Cove – Doesn't the year fly by November already! This past month of October we have seen some great changes to our environment at the Cove, the children really enjoyed getting involved in the gardens and planting, together we created two flourishing, healthy garden beds that the children's have enjoyed watering each afternoon and watching grow and sprout. Gardening engages all five senses and incorporates sensory exploration. Children can learn new skills, have fun, play and develop self-confidence by spending time in the garden tending to plants and growing all different foods.



The children have also really enjoyed using all sorts of beads from making pictures out of beads to creating necklaces, bracelets and bag chains. This activity improves visual perception skills, visual motor skills, cognitive skills and social skills allowing the children and educators to engage in positive conversations and creating meaningful friendships and relationships.

Being surrounded by nature has allowed us to not only learn and relax in our environment, but to also use natural resources when getting creative. The children have enjoyed exploring art through nature by using natural resources such as sticks and leaves to create art pieces and bringing a picture together. Nature provides countless opportunities for discovery, creativity and problem solving. Interacting with natural environments allows children to learn by doing and experimenting with ideas.

This month we will be continuing to create meaningful friendships through play allowing the children to explore and engage in a wide range of activities and a great environment.

App reviews

A mixed bag of apps to keep pre-schoolers entertained and learning.



MIXIMAL

YATATOY | AGE 3+ | \$3.99

MIXIMAL is an entertaining game based on the traditional flip books we all know from our childhood.

SHAPE GURUS: PRESCHOOL GAME

GEOMETRY LEARNING PUZZLES | AGE 2 - 5 | \$4.49

In this interactive story, children are regularly challenged to complete puzzles based around shape-matching.

STAR WALK FOR KIDS - SKY GUIDE

VITO TECHNOLOGY INC. | AGE 3+ | FREE

Star Walk for Kids will teach your children the basics of astronomy in an interesting and unusual way.

THIS MONTH'S POLICIES CURRENTLY BEING REVIEWED

Our Centre encourages parental feedback when we are reviewing our policies each month. This month we will review the below policies with our families. A copy of the policies will also be at the Centre for viewing, or on our website and facebook page. Our families are encouraged to read and provide feedback on the policies.

-  Safe Transportation Policy
-  Center Philosophy
-  Sun and Water Safety Policy

Parent Feedback on Policies reviewed this Month

Please complete the section below if you have any comments, suggestions or feedback on the policies we are reviewing each month. Your feedback is valuable to us and is part of continuing improvement plan within our centre. Exciting news this can also be completed on our website. Thank you.

Policy Name:

What I like about the Policy:

What I would like to see changed about the Policy:



Feedback 
is always welcome