

When I was 5 years old, my mother always told me that happiness was the key to life. When I went to school, they asked me what I wanted to be when I grew up. I wrote down 'happy'. They told me I didn't understand the assignment, and I told them they didn't understand life." – John Lennon

Bay Island Early Learning & Care



ON *this* MONTH

At Bay Island Early Learning and Care

June Dates

1st – Int Children's Day

National Reconciliation Week 27th – 3rd

3rd – **Centre Photo Day** & Mabo Day

5th – World Environment Day

8th – World Ocean Day

15th – National Buddy Day

16th – Pj Day



June Birthdays:

Levi, Adrian, Gemma, Oliver,
Liam, Leon, Miss Kirra, Miss
Abbey & Mr Paul

A Message from the office:

Hello Families,

Welcome to our June edition with this month's focus on our shared journey of quality improvement. It is 'shared' because we too strive to improve our programs, resources and services, learning about your needs through, for example, our meetings with peak bodies and associations, questions to our Enquiries service, advice through surveys, and in applications for second tier reviews and the Excellent rating.

Finally, we would like to say farewell to Tracee who will be sadly missed by all of our team and parents. We're sad to see you leave us, but it's time for you to move onto the next chapter and we wish you all the best for the future.

Keep in touch on Facebook



Bay Island Early Learning and Care

Child Safety Tip	Community Links
<p>Fire hazards and heater use at home</p> <p>If you have the need for a room heater when young children are present, consider their safety. Many children are burned by heaters and open fires. Flame and contact burns can be serious, resulting in permanent scarring and disability. Avoid overheating bedrooms for babies and very young children, as this may contribute to the risk of SIDS (sudden infant death syndrome)</p> 	<p>Macleay Island Renegade's men's shed.</p> <p>15 sandpiper Street, Macleay Island up near fire/ AMBULANCE station of high central</p> 
Sustainability at Home	Sustainability in the Service
 <p>Water tips at home</p> <p>Kitchen</p> <ul style="list-style-type: none"> • Avoid pre-rinsing dishes for the dishwasher – a good scrape is usually enough • Only use the dishwasher when it is full. A dishwasher uses the same amount of water regardless of the number of dishes in the dishwasher. • Avoid peeling vegetables under running water. Use a bowl of water or rinse once peeled. <p>Laundry</p> <ul style="list-style-type: none"> • Only use the washing machine with a full load and on the most efficient cycle. <p>Bathroom</p> <ul style="list-style-type: none"> • Take a shorter shower. • Turn off the tap when brushing your teeth or shaving. 	 <p>Bay Island Early Learning buys bulk foods from local Brisbane based suppliers that are apart of a zero-waste movement becoming more sustainable towards a zero-waste goal within their company.</p> <p>The packaging we receive from source foods is compostable material that we can use in our worm farm and compost.</p> <p>We view our sustainability an opportunity and our responsibility. It's our opportunity to make a positive difference towards our local families & community</p>
Early Years Learning Framework in Action	
<p>Learning Outcomes</p> <p>2. PARTNERSHIPS</p> <p>Learning outcomes are most likely to be achieved when early childhood educators work in partnership with families. Educators recognise that families are children's first and most influential teachers. They create a welcoming environment where all children and families are respected and actively encouraged to collaborate with educators about curriculum decisions in order to ensure that learning experiences are meaningful. Partnerships are based on the foundations of understanding each other's expectations and attitudes, and build on the strength of each other's knowledge.</p>	



WORLD ENVIRONMENT DAY – JUNE 5

World Environment Day 2021 calls for urgent action to revive our damaged ecosystems. From forests to peatlands to coasts, we all depend on healthy ecosystems for our survival. **REIMAGINE. RECREATE. RESTORE.** This is our moment. We cannot turn back time. But we can grow trees, green our cities, rewild our gardens, change our diets and clean up rivers and coasts. We are the generation that can make peace with nature. Let's get active, not anxious. Let's be bold, not timid. **Join #GenerationRestoration**

FAMILY FAVOURITE SAN CHOY BOW



PREP 5 min | COOK 10 min | SERVES 4

San Choy Bow is a delicious classic Chinese meal! It is quick and perfect for week nights. Place a big bowl of your meat mix on the table with empty lettuce leaves and let the kids make their own wraps.

INGREDIENTS

500g chicken mince
3 cloves garlic, minced
1/4 cup soy or tamari sauce
1/4 cup honey
1 tsp sesame oil
2 tbsp sesame seeds
2x spring onions, thinly sliced
1x lettuce (iceberg, butter or cos)

METHOD:

In a frypan, heat the sesame oil and add the chicken mince. Stir until browned and add the garlic, tamari and honey. Stir until the sauce reduces and the chicken starts to caramelise. Serve with the lettuce cups, sliced spring onion, coriander, sesame seeds and fresh chilli

Jo Kate is a realistic nutritionist offering simple & effective ideas, tips and recipes to inspire healthy living. Find more delicious recipes at jokatenutrition.com

App reviews

A few apps for the adults. Think clearer, feel better, smile more.



ZEN STUDIO MEDITATION FOR KIDS

EDOKI ACADEMY | FREE (\$4.49 to unlock all features)

Zen studio is a unique geometric finger-painting app designed to help children relax and focus. It may be the simplest painting app ever published! Tap once for a new canvas, tap again to pick a colour, and then draw with your finger. What's more, a calm, soothing music algorithm accompanies every swipe of a finger making it a very zen experience!

ANIMAL NOAH'S ARK ANIMALIBRIUM

GIULIA OLIVARES | FREE

A tiny little boat, many animals and ... A delicate balance! Splash into a sea of fun! You are Noah. Help get the animals on the ark, balance them on board, and bring them to safety, or freely explore the world to discover the hidden characters

EGGY PHONICS 1

BLAKE ELEARING | \$2.99

Making Phonics fun and reward with 20 interactive levels that use a multisensory approach to learning. Phonics is an essential part of learning to read and Eggy Phonics 1 makes phonics fun and rewarding. This app focuses on the first 100 short-vowel words, such as cat, dog and bus. Once your child finishes Eggy Phonics 1 you can move onto 2 and 3.

FORTNIGHTLY YOGA
CLASSES

ALL LEVELS WELCOME



INNER EARTH
ALCHEMY

YOGA
CLASSES

with Jaymie Charles
Yoga Teacher, Holistic Healer & Chinese
Medicine Student



5:15-6:15 at the Progress Hall
Price: \$10
Jaymie: 0410972977

TUESDAYS FORTNIGHTLY
1st Tuesday - YIN
3rd Tuesday - YANGS

OUR KINDY COOK WILL NOW BE RUNNING

HOLISTIC COOKING CLASSES

First Friday of Every Month

5:30-7:30pm

*The Cove at Bay/Island Early
Learning and Care Centre*

ENJOY YOUR FRIDAY NIGHT BY LEARNING TO COOK
NUTRITIOUS WHOLESOME MEALS.

ENJOY YOUR MEAL WITH YOUR CLASS MATES AT THE END
OF CLASS - WINE IS OPTIONAL

CONTACT JAYMIE ON 0410972977
TO SECURE YOUR SPOT
\$50 PER CLASS

**80's Dress Up day
with our staff**



Our Parent Activity
Group will start at 9:30
on the 3rd of June 2021.
We would love our
parents to come and join
us for morning tea and
have a chat.

Ocean Turtles - Hello, this month has been filled with play and exploring activities that helps us as we learn new skills and develop friendships whilst exploring our environment. This month we have been focusing on the very hungry Caterpillar, this has allowed the children to be connected with their world around them as we have explored the life cycle of a caterpillar and through sensory activities, creative art, exploring gardens and using intentional moments we were able to explore and extend on the Children's interest of wildlife. Next month we look forward to more exploring around our environment as we continue to learn and play in our safe environment. We also have a great opportunity to participate in a new program called Eco kids with Miss Dee. Miss



Dee will be coming around to our room each Thursday to do a environmental activity with the children if they wish to engage. We look forward to extending on our learning and having another fun month in our ocean room together



Ocean Joeys - This month we took the opportunity to extend on the children's interest in the weather and storms we have been having - we have added what's the weather today into our morning circle as a hands-on opportunity and recognition of their environment- we used technology to research the weather. We have encouraged and provided lots of Group activities Encouraging the children to be social using the vygotsky theory and have their voices heard and Incorporated into our program



The children have been working as a team to build houses using



waffle connecting blocks and building using tools after observing tradies working on the roof using a range of tools. Social cooperative play children begin to show interest in both the children around them and the activities by interacting with other children in a play space the children learn Social settings children begin to share toys and ideas learning give and take

Bush Koalas - It's May! Can you believe that? I feel like someone put time on speed dial, do not blink or you will miss something.

This month has been busy with activities and celebrations. Firstly we had a migratory bird day, for this occasion the children had a chance to explore our outside environment in the front garden and spot birds using their own special binoculars and practising their counting skills to count how many birds they spotted.

Another exciting activity was making special gifts for "Mother's Day", children created special arts and crafts using recycled materials, they used their imagination to create - fine motor skills and social skills during the group experiences and making special sweet treat for their mum was a high light for us and the children.

We also invited mother's, aunties, grandmothers and female caregivers to have Mother's Day morning tea, this was a very special opportunity to share a variety of fun experiences with their loved ones in our room environment. This opportunity was great for our Educators to share information between our Early Education Centre and home.

The last week of the month the children learned about how we look after our sea environment as conjunction with the World Turtle Day, by encouraged children to look after the sea environment (e.g.: not throwing the rubbish at the beach/sea.) or if we had a turtle as a pet. We had a discussion at morning circle what we should have to do if we had a pet turtle at home? Just like at our Centre we had "Felix" the turtle.

Children engaged and participate in the conversation and they shared ideas, taking turns to have their say.

The Bush-koala will be looking forward for the next month another exciting day.....

See you next month

Bush-Koala team



CENTRE PHOTO DAY

Thursday morning, 3rd of June



If you would like your child's photo to be included in their room photo, please ensure they attend on this day. If this is not their usual day, you can still visit with them to get their photo taken

5 Minute MOVES

KEEPY UPPY

Short simple activities to get some active minutes in the day.

You have seen it on Bluey, and you have probably played your own version of balloon ball before but, did you know actively trying to keep a balloon off the floor counts for some serious active minutes. Simply blow up a balloon and keep it from touching the floor, get as tricky as you like.

Rainforest - The cooler weather has arrived but the wonderful warm sun is bringing us a delight to be in the outdoor environment. The children have been exploring making calculated risk as they use their gross motor skills of coordination, balance and problem solving to master completing obstacle courses including the Walk-about-Wednesday to park playgrounds, our ninja warrior course and the outdoor play spaces at Russell Island State School and Macleay Island State School.



The children have made us proud on their trips out of the Centre with manners, listening and managing change in their daily routine. We endeavoured to make the experiences visiting our local school positive to develop smooth transitions to the school setting. We will be continuing to work in partnership with our schools with more exciting visits planned. Parents are always welcome to join in for these excursions if you so choose. We are currently embedding shapes and patterns into our program with lots of games, art activities and hands on activities that has emerged from finding patterns in nature as we go on our discovery walks. If anyone finds or has wonderful examples of patterns that we could

look at or place on the science table please bring them in. For example, shells, snake skins, leaves, etc. We are also in search for recycle material of small boxes, cardboard and lids to follow up on making rockets so please keep you recycled rubbish for us please. Until next month – take care.

Light and love

The Rainforest Team



Cove - Another busy and fun filled month up at the cove, we have continued to explore Aboriginal, Torres Strait Islander experiences and multiculturalism. Our project focus for this month focused on the ocean room, creating resources and connecting with the children to demonstrate and discuss what was made.

As we wrap up our project of Aboriginal, Torres Strait Islander experiences, we will begin exploring the new project focus,

EcoKids. This new project will explore the world around us; EcoKids at Bay Island Early Learning and Care is a weekly sustainable program throughout the centre, held up at the cove on a Tuesday between 3:00pm- 4:00pm. We will be looking at the environment and how we can look after it. I would like to encourage all parents if they can, to send through any recycled bottles so we are able to complete our compost in a bottle activity coming up.

Vacation care June/ July holiday is approaching fast. Our program is up and ready, be sure to come in and pick up a vacation care booking form to secure your spot. The children have some very busy and exciting days planned with some special guests, excursions and more.



Miss Dee will be introducing a weekly sustainable program which in early childhood education is an important part of our curriculum and is incorporated into each and every room setting. Creating natural environments and providing natural materials in one way for sustainability to occur. Miss Dee will provide us with strategies on promoting sustainable education for educators and children and ideas on incorporating sustainable practices within the service.



By developing a sustainability education program involving our centre. This means great exposure, and the opportunity to create awareness about all kinds of environmental priority issues that might otherwise miss out on important environmental messages.

EcoKids @ BIELAC Weekly Sustainable Program



THIS MONTH'S POLICIES THAT ARE CURRENTLY BEING REVIEWED

Our Centre encourages parent feedback when we are reviewing our policies each month. This month we will review the below policies with our families. They will also be at the Centre for viewing, on our website and facebook page where all families are encouraged to read and provide feedback on the forms.

-  Parent Handbook
-  Food, Nutrition and Beverage Policy

Parent Feedback on Policies reviewed this Month

Please complete the section below if you have any comments, suggestions or feedback on the policies we are reviewing each month. Your feedback is valuable to us and is part of continuing improvement plan within our centre. Thank you.

Policy Name:

What I like about the Policy:

What I would like to see changed about the Policy: